

# Tutorial 10 Sections 009/010

TA: Greydon Gilmore Physiology 2130 Nov 19<sup>th</sup>, 2019



# Your TA reminding you...

Same place!

- 2<sup>nd</sup> Peerwise assignment (1.5%)
  - Post 2 MC questions: due Nov 27<sup>th</sup> @ midnight
  - Answer 5 MC questions: due Nov 29<sup>th</sup> @ midnight
- 2<sup>nd</sup> Quiz (1%)
  - Opens: Dec 2<sup>nd</sup> @ 4pm
  - Closes: Dec 3<sup>rd</sup> @ 4pm
- 2<sup>nd</sup> Midterm (15%)
  - When: Dec 19th @ 9am-10am
  - Room Assignments:
    - ABBA-GANE: Alumni Hall 15
    - GHAB-POSA: Alumni Hall 201
    - PRIM-WOOD: Alumni Hall Stage —
    - WU-ZIA: Somerville House 2316



# **Today**

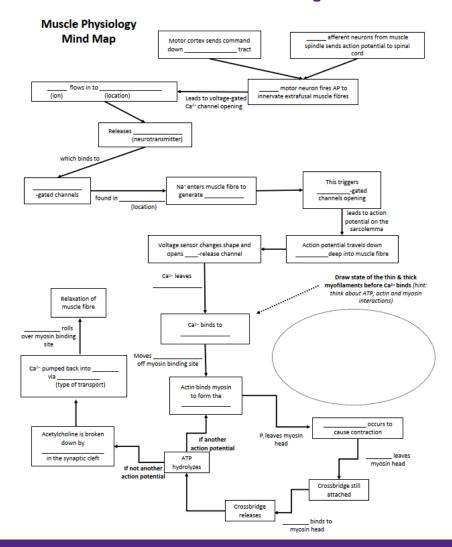
- Group work activity
- Learning Catalytics Question
- Finish muscle anatomy



# **Group Work**

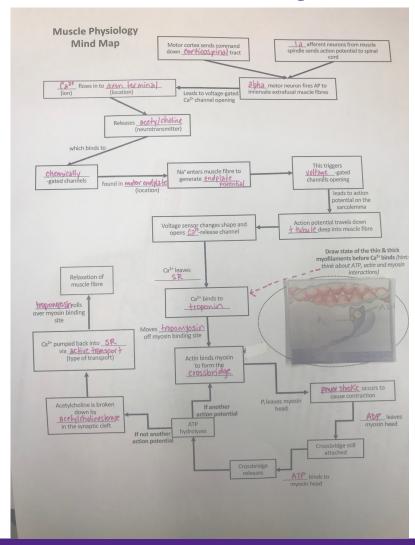


## Mind Map!





## Mind Map!





## **Learning Catalytic Question**



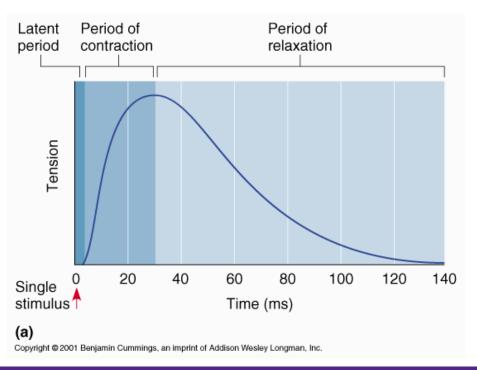
## **Muscle Anatomy**

**Chapter 6: Professor Stavraky** 

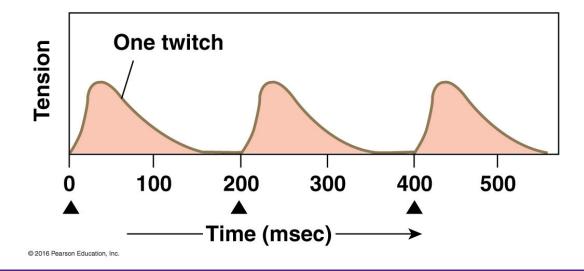


### Muscle twitch

- Result of one AP from the motor neuron
- Difference in AP duration vs. twitch duration = allows summation



(a) Single Twitches: Muscle relaxes completely between stimuli (▲).

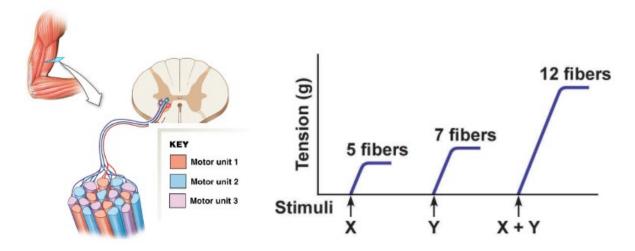




# Grading of muscle contraction

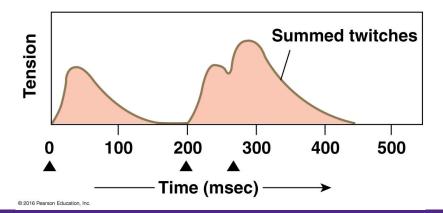
#### 1. Recruitment

- Recruiting additional motor units
- e.g. motor unit 1 innervates 6 fibers



#### 2. Summation

Increase the twitch frequency in the same motor unit (summation)

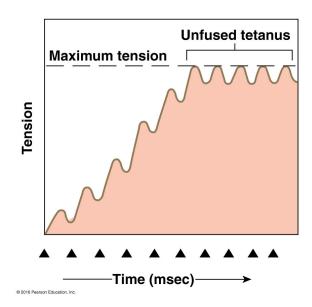


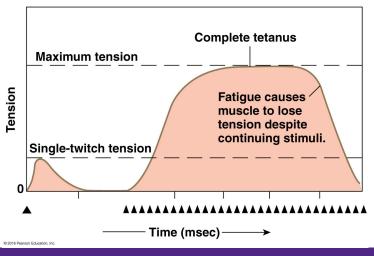


### **Tetanus**

- Unfused tetanic contraction (or unfused tetanus)
  - Medium to high frequency APs will cause twitches to summate
  - Still has time to relax before next twitch

- Complete tetanus
  - At very high frequencies there is no relaxation between twitches
  - Twitches will summate to form smooth, sustained contraction







# **Next Tutorial (Nov 26<sup>th</sup>)**

Cardio physiology!



## What Questions Do You Have?

You can ask in the **Owl forums** as well!

Also anonymously ask questions in the online dropbox!!

